



# FSEPS

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## Project News 2

February 2020

### Ready for piloting!

The **first step** for the preparation of the piloting phase was the organisation of the train-the-trainer Seminar.



From 4-5th November 2019 twelve trainers and participants from Italy, Bulgaria, Spain, Romania and the UK met at Women's Aid in Stafford for the training to deliver the new developed programme "Our Time".

"Our Time" is a programme, which actively supports mothers who live with their children in refuges or other places of safety. During the training, participants learned about what families might have experienced in their history of gender based violence and discussed, how support can be

built. Trainers learned about specific activities that they can use with women and their children. Participants also received information and guidelines about how to implement this kind of programme in refuges or other places of safety. The training was combined with a visit to a refuge in Staffordshire. Participants were very impressed with the refuge which has been specially built to meet the needs of the women and their children.

The **evaluation** of the train-the-trainer course was very positive. All aspects of the training course were rated as "excellent" or "very positive". The overall satisfaction with the training was rated 5 (5= excellent, 1=poor). The training received outstanding feedback.

The participants highlighted the great atmosphere during the training course, the opportunity for open discussions and exchange of knowledge, the transnational approach used and the great hospitality of Women's Aid Stafford.



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### **Multiplying the trainings in national contexts**

In a next step, those who participated in the train-the-trainer course will organise similar training in their countries. This will increase the capacity of professionals working in the field of gender based violence to deliver the 'Our Time' programme in refuges or places of safety.



*The FESEPS training participants will act as multipliers, promoting the “Our Time” concept and training in their national organisations.*

### **Implementation of the programme**

During February and May 2020 “Our time” will be piloted by the FSEPS partners in Italy, Bulgaria, Spain, Romania and UK. The results and the impact of the piloting activities will be documented and evaluated.

### **Coming soon**

The training material and programme activities will be available on the project [website](#). Interested trainers and professionals working in the field of gender-based violence will find an online repository of material. A webinar about first experiences in the piloting and some hints and guidelines how to work with the “Our Time” programme will be scheduled for April 2020. Visit our [website](#) to check the current date!

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